

# Morning Group Fitness and Movement Instructor

---

## About the Northeast Community Center (NECC)

The NECC is an independent non-profit community center and treasured neighborhood anchor in NE Portland. Located in the former NE Family YMCA facility, the NECC is a vibrant hub offering recreation, aquatics, fitness, well-being, and enrichment programs and activities for all ages.

NECC's mission is to build and support a thriving and resilient intergenerational community in NE Portland. Guided by our values, the NECC provides physical space and community-responsive programs that promote well-being, foster relationships, empower individuals, and center equity.

The NECC is committed to building a diverse and inclusive staff that represents the neighborhoods we serve. We value the life experiences of BIPOC, LGBTQ2S+, and other persons identifying as a member of a community that has been marginalized.

## Position Overview

NECC believes that everyone is deserving of well-being regardless of age, race, gender, physical ability, or size. Fitness and Movement Instructors live into this value by providing space for movement, balance, play, connection, and expression for all.

Fitness and Movement Instructors offer inclusive classes that support individual wellbeing and strengthen communities. Fitness and Movement Instructors are aware of racial and economic health disparities and are committed to furthering health equity in their role at the NECC by creating safe, inspiring, and inclusive group exercise classes. They may facilitate both in-person and online classes as assigned.

## Job Responsibilities

- Structure class to ensure safety for new and returning participants; create, demonstrate, and monitor modifications as necessary to best serve participant's physical needs.
- Maintain class schedule; arrive in time to set up for class and end class on schedule.
- Exhibit a positive, professional, and helpful attitude; welcome and integrate new participants into class.
- Follow NECC's attendance, class tracking, and other administrative requirements.
- Participate in relevant NECC related training.
- Collaborate with other fitness instructors and staff to create a cohesive and supportive team environment.

## Position Requirements

- National accredited fitness certification required **and** CPR/First Aid/AED. Specialty Certifications preferred (Pilates, Zumba, Barre, etc.).
- 100% of staff at the NECC has received the Covid-19 vaccine. The person hired for this position will be required to be fully vaccinated, or you may request an approved accommodation.
- If selected, candidates will need to submit to a background check. Prior involvement with the criminal justice system will not necessarily disqualify a candidate.
- Responsive communication and excellent customer service and time management skills.
- Commitment to further health equity.

**To Apply**

Submit your resume or a description of your qualifications to [jobs@necommunitycenter.org](mailto:jobs@necommunitycenter.org).