

# NECC Summer 2022 Pool Schedule: Jun 23 - Jul 23

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6-8:35a	Lap Swim					Lap Swim	
8:45-9:30	Water Workout (Unlimited) 8:45-9:30a					7-8:15a	Lap Swim
9:25-10:30a	Water Workout (L) 9:35-10:20a	Core Power (UL) 9:30-10:00a	Water Workout (L) 9:35-10:20a	Core Power (UL) 9:30-10:00a	Water Workout (L) 9:35-10:20a	8:15-9a	AquaLand (Gym) 8:15-9a
10:30a-12p	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	9:15a-12p Open Swim (No Open Swim on July 23rd, August 6th, August 20th)	
12-12:45p		Water Workout (L) 12:00-1:00p		Water Workout (L) 12:00-1:00p			
12:45-2:45pm	Lap Swim		Swim Lessons	Swim Lessons	Lap Swim	Sunday Closed All Day	
	Summer Camps	Summer Camps	Summer Camps	Summer Camps	Summer Camps		
2:45-6:45p	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Lap Swim, Water Workout (Limited / L), Swim Club and Swim Lessons all require pre-registration.	
6:45-7:45p	Swim Club	Lap Swim	Swim Club	Lap Swim	Open Swim 6:00-7:45pm		
7:45-8p	Pool Closed					Participants can pre-register online or contact the Front Desk.	