

Personal Trainer

Reports To: Fitness and Community Wellness Coordinator

Compensation: Varied dependent on clients served as an Independent Contractor

About the Northeast Community Center (NECC)

The NECC is an independent non-profit community center and treasured neighborhood anchor in NE Portland. Located in the former NE Family YMCA facility, the NECC is a thriving hub that offers recreation, aquatics, fitness, wellness, and enrichment programs and activities for all ages. Valued by staff and participants for its welcoming intergenerational environment, the NECC strives to strengthen the fabric of our community by providing opportunities to stay active, socially connected, and physical/mentally healthy.

At the NECC, we respect, value, and welcome diversity in our staff, participants, and in the community, we serve. We strive to hire staff that share these values and who are interested in serving and supporting everyone in the community. We value the life experiences of BIPOC, LGBTQ2S+, and other persons identifying as a member of a community that has been historically marginalized.

Job Overview

Providing personal training to clients at the NECC is a uniquely rewarding position with nearly unlimited growth potential. The NECC is not your traditional gym or fitness facility, but provides classes, programs, and personal and small-group training to support the physical, emotional, and social well-being of our neighbors in NE Portland.

Trainers initially work from an existing client wait-list with significant demand for daytime training opportunities. Successful Trainers will understand the needs of participants who often experience barriers to fitness and health: BIPOC participants, Trans and Gender expansive persons, and Seniors seeking to maintain functional mobility.

Trainers are responsible for all aspects of helping participants identify and achieve health and fitness goals, from determining exercise readiness to designing, modifying, and supporting client's personalized program. Trainers will also provide additional support to participants as needed via timely communication. Trainer must also have strong communication skills, have the ability to effectively work within the NECC's online client tracking system, exhibit a high degree of professionalism, and be committed to using fitness as a tool to support individual well-being and strengthen community connections.

Trainer will also participate in all required NECC training activities, such as trainings on equity, facility and emergency safety, and other relevant topics. These training are paid at an hourly rate.

Position Requirements and Details

- Applicants must hold an accredited Fitness and CPR/AED/First Aid certification. (ACE, ACSM, NASM, NSCA etc.) **or** a 4-year degree in Exercise Science, Kinesiology, Sports Medicine, or equivalent.)

- Trainers serve as Independent Contractors, and compensation is competitive. Initial compensation is established based on a variety of factors including: Trainer's education, experience, and specialized knowledge (if any), number of current clients, and average training sessions/week.
- Full COVID-19 vaccination is required.
- If selected, Trainer will need to submit to a background check. Prior involvement with the justice system will not immediately disqualify a candidate.
- Unfortunately, our building is not currently ADA accessible.

To Apply

Submit the following to jobs@necommunitycenter.org:

- Your resume or a description of your qualifications as it relates to the position
- A cover letter or email letting us know why you would be a good fit for this position

Timeline: Applications are accepted and interviews scheduled on a rolling basis. We encourage you to submit your application as soon as possible to be considered for the position.