

# NECC Spring 2022 Pool Schedule: May 9 - Jun 18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6-8:35a	Lap Swim					7-8:15a	Lap Swim	Lap Swim
8:45-9:30	Water Workout (Unlimited) 8:45-9:30a					8:15-9a		AquaLand (Gym) 8:15-9a
9:25-10:30a	Water Workout (L) 9:35-10:20a	Core Power (UL) 9:30-10:00a	Water Workout (L) 9:35-10:20a	Core Power (UL) 9:30-10:00a	Water Workout (L) 9:35-10:20a	9a-1:45p Swim Lessons		
10:30a-12p	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
12-12:45p	Swim Lessons	Pool Closed			Swim Lessons			
12:45-2:45pm	Lap Swim	Water Workout (L) 1:10-2:10p			Lap Swim			
2:45-6:45p	Swim Lessons	Swim Lessons	Pool Closed	Swim Lessons	Swim Lessons	1:45-2p Pool Closed		
6:45-7:45p	Swim Club	Lap Swim	Swim Club	Lap Swim	Open Swim 6:00-7:45pm	<b>Sunday</b>  Closed All Day  Lap Swim, Water Workout (Limited / L), Swim Club and Swim Lessons all require pre-registration.  Water Workout (Unlimited / UL) and Open Swim are the only activities on this schedule that do not require pre-registration.  Participants can pre-register online or contact the Front Desk.		
7:45-8p	Pool Closed							