

Date: January 10, 2022

Re: NECC COVID guidance in light of Omicron surge

This document outlines requirements for staff and participants if they have been exposed to or test positive for COVID. These guidelines are based on recommendations from both the CDC and the state of Oregon and, in some circumstances, may be more rigorous.

NECC will provide the following COVID-19 protocols for participants, visitors, and staff to use when making an informed decision on entering the facility. In general, NECC will not determine whether a participant can or should return to the facility. Participants, visitors, and staff should consult the following guidelines before entering the facility. An additional helpful resource is:

<https://covidblog.oregon.gov/oha-guidance-reflects-cdcs-new-isolation-changes/>

DEFINITIONS:

Exposure: Contact with someone known to be infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

Close Contact: Close contact is defined as someone less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes would be considered close contact; this applies whether or not either person was wearing a mask.

Isolation: Eliminate contact with community and family members by staying home, utilizing a separate room from others, and wearing a mask. Isolation applies to persons who have tested positive for COVID or have been exposed to the virus and are exhibiting symptoms.

Quarantine: Stay home and away from other people. Quarantine includes individuals who may have been exposed to COVID or who have recently had exposure to someone with COVID and are not exhibiting any symptoms.

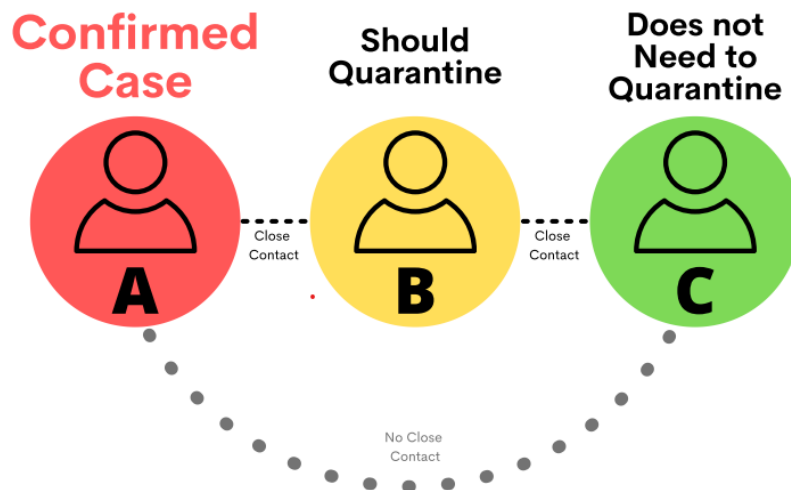
GENERAL GUIDELINES FOR NECC PARTICIPATION/ENTRY

1. Possible 3rd Person Exposure (person B was exposed to person A, and person A then tested positive; participant/staff (person C) was then exposed to person B). (see graphic below).

> Person B has symptoms or receives a positive test? Treat as a positive COVID exposure for participant/staff (person C). (See #2)

> Person B has no symptoms or receives a negative test? Treat as if no COVID exposure for participant/staff (person C).

General Quarantine Protocol



2. Positive COVID Exposure (participant/staff was exposed to a person infected with COVID)

If no symptoms after exposure - Quarantine, then test. Participants/staff should quarantine for at least 5 days before taking a COVID test. (This is more rigorous than required by the CDC). The Participant/Staff may return to NECC activities following a 5-day quarantine and negative COVID test. Participants are expected to wear a well-fitting mask. If the participant/staff tests positive, see #3 below.

If symptoms following exposure - Isolate and test. Participants/staff must **isolate immediately and test as soon as possible**. If the participant/staff tests positive, see the requirements in #3 below. If the participant/staff tests negative, they can return to NECC activities only after they are fever-free for 24 hours without fever-reducing medication and other symptoms of illness (cough, flu, etc.) are no longer present.

3. Positive COVID Test

If tested positive - Isolate. Participants/staff who receive a positive COVID test must **isolate for 10 days**. Participant/staff can end isolation 10 full days after the positive test when they are fever-free for 24 hours without the use of fever-reducing medication, and other symptoms have improved (Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation). If the participant/staff person was severely ill with COVID, they should consult a physician before returning to NECC activities.

After School Time COVID-19 Protocols

NECC has successfully been operating youth programs amid the COVID-19 pandemic since June 2020, including being a certified Emergency Child Care Facility last school year. We feel very confident following and implementing COVID-19 health and sanitation protocols. Protocols are subject to change depending on local health authority guidelines and the trajectory of the ongoing pandemic.

Masks: All After School Time participants and staff will wear masks. Exceptions include snack time and drinking, in which case all participants who are not “podding” together will be 6-feet apart from others. Masks are currently required for all people entering the NECC, including parents picking up their children.

Vaccines: The COVID-19 vaccine is mandatory for all NECC After School Time staff.

Daily Health Checks: All After School Time staff undergo daily health checks to ensure staff does not come to the NECC if they are sick. We ask parents to do the same with their children, as children are required to stay home from After School Time if they are feeling at all under the weather. Additionally, staff will check in with children daily about how they are feeling, if they are feeling sick at all and if they have a new cough or fever.

Physical Distancing: While we do plan activities with COVID-19 and physical distancing in mind, meaning we look for opportunities to keep children distanced as much as possible, we do not

require physical distancing of 6-feet between children in After School Time. However, we encourage children to keep some space between themselves and others, and anytime masks are off (snack time), physical distancing of 6-feet is strictly enforced. We believe the stable cohort model, masks, and frequent handwashing will keep us as safe as possible. Children who are siblings, from the same household, or “podding” together (meaning they already spend time in close proximity together and unmasked) do not have to physically distance themselves from one another.

Handwashing & Sanitizing: Handwashing and sanitizing will frequently happen throughout After School Time. Kids will be required to wash their hands upon arriving at NECC, before and after eating snacks, after using the restroom, and after any other messy activities that may take place. Hand sanitizer will also be used throughout the day.

Sanitation Protocols: NECC follows rigorous sanitization protocols to ensure spaces, materials, toys, and equipment are kept as clean as possible to ensure safe usage. If you want more information about our sanitization protocols, please reach out to the Program Coordinator at youth@necommunitycenter.org

Record Keeping: NECC keeps diligent records of all After School Time daily participants and staff, so in the case of an illness or COVID-19 exposure, all exposed kids and staff will be properly notified.

Open Communication and Health & Safety Plans: We have found that the best policy is to be open and honest with all parents and staff regarding possible illnesses or outbreaks. Children are bound to get sick, but different precautions must be taken regarding COVID-19. While keeping children’s confidentiality protected, we will notify parents and staff about any potential illnesses or outbreaks that take place at After School Time. In these cases, the sick child stays home from After School Time until symptoms resolve and the isolation period is over. In some cases, we will cancel After School Time depending on safety concerns. You can always count on us to keep you updated and in the loop while we follow necessary Health & Safety Emergency COVID-19 plans to keep our community as safe as possible.

If you have any questions or want any further information about NECC’s After School Time COVID-19 protocols, please contact Program Coordinator at youth@necommunitycenter.org