

NECC MEMBER AND PARTICIPANT CODE OF CONDUCT

Welcome to the NECC – your safety and that of other participants and our staff is very important to us. As part of the preventative measures adopted by the NECC to protect against the spread of COVID-19, please carefully read and acknowledge that you agree to:

(Initial)

Follow the instructions of NECC Staff: NECC staff may request that I take or refrain from specific action in order to support the health and safety of NECC Members, Participants, Staff, and others. I agree that these verbal instructions take priority over written signs or participant convenience, and I will follow these directions, even if I disagree with them.

Refrain from coming to the facility if I am experiencing symptoms of COVID-19, such as fever, shortness of breath, or a cough. If, in the past 14 days, I have experienced symptoms of COVID-19, I agree not to return to the NECC for at least 10 days AND for at least three days after the end of any fever (without fever-reducing medication). If I test negative for COVID-19, I agree not to return to the NECC for three days following my illness AND for at least three days after the end of any fever (without fever-reducing medication).

Notify the NECC. If I, anyone in my household, or anyone with whom I have come into close contact (within 6' for 15+ minutes) experiences new symptoms or tests positive for COVID-19, I will immediately inform the NECC if that contact is within five days of a visit to the NECC.

Follow physical distancing guidelines, adhere to room capacity limits, and follow signs for traffic flow. At all times when I am in the facility, I agree to remain 6' away from other participants and staff in all areas (including hallways, locker rooms, and the lobby), to adhere to room capacity limits, and to follow directions for traffic flow. I agree to work cooperatively with others in the facility follow these guidelines, and I understand that there may be occasional delays in my ability access certain parts of the facility or equipment.

Follow directions regarding equipment use. At times there may be equipment that is unavailable, and I agree to follow all signs and staff direction regarding available equipment.

Disinfect equipment. I agree to wipe down all equipment (e.g., balls, weights, machines, etc.) before and after each use with the EPA-approved disinfectant provided by the NECC and according to the directions provided.

Wear a mask or face covering at all times in the facility. Oregon requires that everyone wear a mask or face covering in indoor businesses open to the public, such as the NECC. A mask or face covering helps protect me and other people, and I agree to wear one that covers my nose and mouth as required by the NECC.

I understand that if I do not follow these guidelines I may be asked to leave the facility and, if appropriate, my Membership may be cancelled at the discretion of the NECC. I understand the NECC may modify these guidelines at any time, and I also agree to follow those modified guidelines.

Signature of Participant

Date